

# 5 TAROT RITUALS

*for self knowledge & expansion*



T A R A K I M E S

## 1) Monthly Archetype

Archetypes are Universal templates or themes of behavior that can be used for self study/ self awareness, and the tarot gives us 22 to explore!

Each month, choose one archetype from the 22 majors to work with. You'll need to separate out these 22 cards from the rest of your deck. You can go through them face up and choose at your will, or you can keep them face down and let the Universe decide which one is best for you to work with.

Keep the card on an altar or sacred place where you can return to it throughout the month. Make a commitment to study the card whether via websites, YouTube videos, TikTok, or books.

## 2) Daily 3-Card Spread

3 cards read openly can be a mirror for what kind of 'story' is going on in your subconscious mind! You don't need to have a question prepared, simply be open to the present moment.

The Middle Card: the central theme

The Card on the Left: Something to receive or be open to.

The Card on the Right: Something that has materialized or is expressing in your reality.

Note: You can also interpret the 3 cards as a story in no particular order- just notice how they relate to each other (direction characters are facing, important symbols, shapes, colors, landscape, weather, elements, if there's a major arcana, etc.)

### **3) Moon Phase Readings**

The moon phases serve as a blueprint for creativity, so why not take advantage of it and be an artist of your life!?

The new moon and full moon are powerful points in the month that can alert us to inner knowings and intuitions. Pulling tarot cards at this time amplifies this mystical hidden knowledge to reveal it to our conscious mind.

**New Moon:** Pull cards for **CLARITY & INTENTION**. Use this time to ask clarifying questions around your goals, desires, and dreams.

**Full Moon:** Pull cards for **SELF CARE & RELEASE**. Use this time to pull cards on what you need to accept and celebrate about yourself. Ask where you need self care, and what needs to be released.

## 4) Weekly Card

Every Monday start with a fresh card to focus on throughout the week. (I offer this in my free weekly card reveal which you can easily access by [signing up to my mailing list!](#))

Contemplate this card's element/ numerology/ theme/ image and how you would embody it, whether in work/ dating/ sex/ personal growth, or via shadow work/ self acceptance.

Notice if you come across any people that week who remind you of the card and exhibit the character's traits or if themes of the card show up in situations.

At the end of the week reflect on the previous days and see if the archetype made an appearance in your life, and if so how did it show up(?)

## 5) Card of the Day

This is a simple practice where you pull a card each morning just to see what the deck surprises you with!

Don't read too much into it. Just put it on your altar, then go about your day. Later come back to it and spend about 15 minutes contemplating the card meaning.

At the end of the day revisit it and reflect on how its theme showed up, no matter how superficially. (Ex: 5 of Cups- you watched a vampire movie/ Ace of Pentacles- you noticed a penny on the ground/ the Emperor- your work supervisor set new rules/ Queen of Wands- you got a cat-sitting gig/ the High Priestess- you gave someone a tarot card reading.

The idea is to develop a fun relationship w/ your cards and use humor/ real life to help you remember their meanings.

For more tarot guidance & tips, follow my  
TikTok channel: @tarawiththetarot

For monthly card reveals, join my mailing  
list:

<https://tarakimes.com/newsletter/>

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