

Cheat Sheet

CHANNELING THE 8 MOON PHASES

Helpful keywords for each moon
phase so you can peacefully
thrive by working with nature's
creative blueprint!

BY TARA KIMES

Moon Phase Keywords:

1. **New Moon:** Clarify/ Cast the Vision/
Dedicate/ Begin/ Initiate/ Penetrate/
Plan/ Envision (yang)
2. **Waxing Crescent:** The conception/
the first signs of the vision/ the first
synchronicities showing up/ a felt
sense of the way forward (yin)

3. **First Quarter:** Dilate/Expand/Move/
Explore your edge/ Initiate/ Act/
Stretch/ Risk/ Grow/ Explore (yang)

4. **Waxing Gibbous:** Trust/ Devotion/
Patience with the Process/ Self
Compassion/ Faith/ Not Collapsing/
Holding the Sensation (yin)

5. **Full Moon:** Honor what the Tide Brings In/ Celebrate/ Feel it all/ Embody it/ Perceive what's being illuminated or amplified/ Do what makes you feel magical (yang)

6. **Waning Gibbous:** Gratitude/ A Second Harvest/ Abundance/ Receptivity/ Discernment/ Choice/ Letting our cup be full w/ what's aligned/ Freedom/ Dissemination of wisdom/ Gratitude (yin)

7. **Last Quarter:** Penetrate the world w/
your wisdom/ Initiate Release/
Forgive/ Express new insights/ Move
forward from a more integrated place
(yang)

8. **Waning Crescent:** Emotional
Digestion/ Rest/ Surrender/
Introversion/ Behind the Scenes/
Intuition/ Body Wisdom (yin)

Thank you creatrix! I hope you have fun exploring these keywords!

If you feel called to go deeper, I invite you to explore Inner Oracle Coaching w/ me at

thetarottemple8.com

xo,

Tara